



Founded in 1885 to Promote Fast and Long-Distance Riding on the Great North and other roads

North Road CC "Hardriders" 25

Incorporating Round One of the London North Millennium Trophy

'Promoted for and on behalf of Cycling Time Trials under its Rules & Regulations'

Course F7/25 Revised

Sunday 25th February 2024

Event Headquarters:

Queenswood School, Shepherds Way, Brookmans Park Hatfield,
Hertfordshire. AL9 6NS.

Directions to HQ; From Potters Bar take A1000 north towards Hatfield. At Brookmans Park turn right at traffic lights into Shepherds Way, B147 (signposted Queenswood). Queenswood School is at the top of the hill. Follow signs to car park.

The HQ will open at 7.30am with signing on

No nuts, sesame or kiwi allowed inside the headquarters building.

Please Park only in the designated car park. Please do not proceed past the cones on the access road to the pavilion, this is to be kept clear.

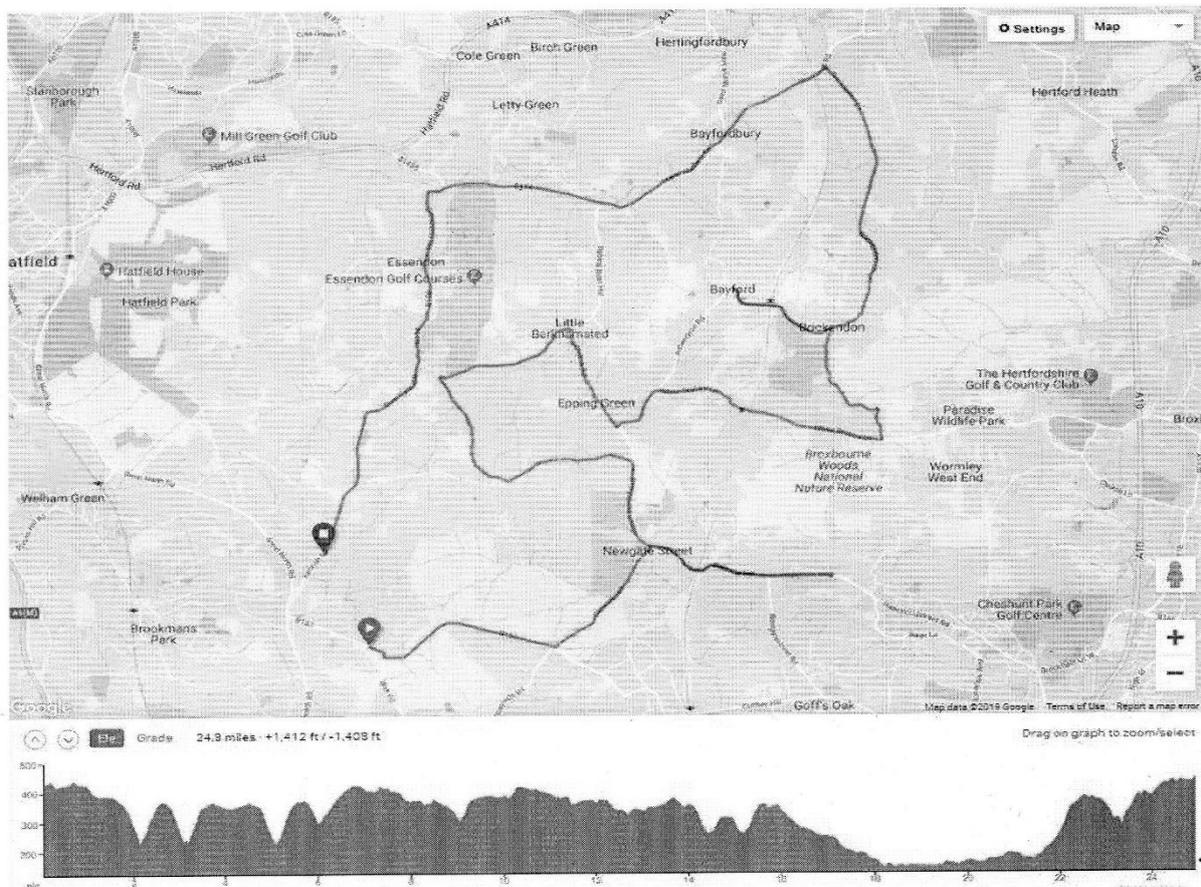
We have requested to ask you to restrict your movements to using the HQ and the car park.

PLEASE NOTE THAT HELMETS AND BOTH FRONT AND REAR LIGHTS ARE NOW MANDATORY, FOR ALL RIDERS

Safety Instructions and Regulations

- If you feel at all unwell or are showing signs of Covid 19 DO NOT come to this event
- . • CTT regulations require the use of a helmet that meets internationally accepted safety standards for all competitors
- CTT Regulations now require that no competitor shall be permitted to start either a Type A or Type B event unless such competitor has affixed to the rear of their machine a working rear red light, and to the front of their machine a working front white light, either flashing or constant, that are illuminated and positioned to be clearly visible to other road users
- The course runs mostly on unclassified roads, the surface of which is poor in many places and there are many fast descents which are slippery when wet.
- **Watch out for and give room to pedestrians and give appropriate notice to equestrians when passing**
- Please also be aware that the course uses roads which can be busy with local traffic.
- NEGOTIATING ROUNDABOUTS - Give priority to traffic from your right. Signal clearly to other road users the course you intend to take.
- Safety - not your performance - is the first priority.
- If the weather should be inclement, please consider race clothing appropriate for the conditions
- . • **Riders and spectators must not approach the time keepers, or congregate near the finish area. Please avoid parking on the course, especially near the finish area**
- . • ****Please note**** All under 18's entered via Internet Entry need to bring signed consent forms when signing on
- If it is now a requirement by CTT to return to the HQ and sign out of the event when returning your number.
- **Local Regulation No. 1** - No U turns should be made in sight of the start or finish areas while riding on the public highway.
- **Local Regulation No. 3** - No cars other than that of the timekeeper(s) and other event officials are to be parked in the vicinity of the start or finish points.
- **CTT** – All speed limits and traffic calming measures are to be observed. This includes zebra crossings.

Course Information



START on the B157 approximately half a mile to the east of the junction with the A1000 - 50 yards east of Ramsey Close at a field gate on the north side of the road. A white line marks the spot. Proceed east to junction with Cuffley Ridgeway, B157, where turn LEFT (M). continuing on B157 to junction with Carbone Hill, a cross roads where turn LEFT (M) Proceed to Newgate Street where at mini RAB turn RIGHT, east, in the direction of Hammond Street (M). At 2nd RAB TURN (M) and retrace to Newgate Street mini RAB (M) to proceed STRAIGHT and immediately bear RIGHT. In approx one mile Turn LEFT into Tylers Causeway (M). Take first RIGHT sign posted Essendon (M) Then at Cucumber Hall turn Sharp RIGHT (M) to Little Berkhamstead where turn RIGHT (M). Proceed to Epping Green where at White Stubbs Lane turn LEFT (M). Follow White Stubbs Lane keeping RIGHT at Ashdene (M) to Pembridge Lane where turn LEFT (M). In 200 yards turn LEFT (M) to Brickendon Green. At "T" Junction turn sharp LEFT (M). Proceed via Bayford Station to Bayford where TURN at junction complex keeping LEFT to circulate the junction in a clockwise direction (M) to retrace to Brickendon Green (M). Keep STRAIGHT on Brickendon Lane to Hertford where at junction with B158 turn LEFT (M). Follow B158 through Essendon and Wild Hill to:- FINISH on B158 at a point opposite gateway on right hand side of road approx 600 yards north of junction with A1000.. A chequered flag/finish board will mark the spot.

The North Road CC wishes all riders a safe and successful ride. Please keep your head up at all times. Marshalls will be stationed at points where there is a change of direction, but the final responsibility for keeping on course remains with the rider. A study of the course details or even better a ride over the course will pay dividend.

Good luck and a safe ride

Awards

Fastest rider to hold the Thistle Trophy for one year

Prizes

One rider, one prize except for team prize.

Open 1st £25.00 Female 1st £25.00

Open 2nd £20.00 Female 2nd £20.00

Open 3rd £15

Team Prize of £10 each

Fastest Veteran £20

Fastest Veteran on standard £20

Fastest Junior £10

Fastest Espoir £10

Road Bike Open £15

One Competitor one prize except team Prize

Timekeepers: Gordon Hart and Mike Bannister

Event Organiser: Graham Potter

70 Wheatsheaf Drive WARE SG12 0XS

01920 411594

07982 437650 (on the day)

graham.potter7@ntlworld.com

